

## Concussion and Brain Injury Resources

### Centers of Disease Control

- [www.cdc.gov/traumaticbraininjury](http://www.cdc.gov/traumaticbraininjury)
- [www.cdc.gov/headsup](http://www.cdc.gov/headsup) - Brochures, guidelines, videos, training and even apps for parents, youth, coaches, school professionals, and health care provider that help you recognize and deal with concussions and other brain injuries.

### American Association of Pediatrics

- [pediatrics.aappublications.org/collection/concussion](http://pediatrics.aappublications.org/collection/concussion) - Collection of concussion articles.
- [www2.aap.org/sections/schoolhealth/returntoschool.pdf](http://www2.aap.org/sections/schoolhealth/returntoschool.pdf) – Form that physicians can use to give school recommendations about symptoms and accommodations.

### American Academy of Neurology

- Evidence-based guidelines, presentations and apps.
- [www.aan.com/concussion](http://www.aan.com/concussion)

### North Carolina Resources for Returning to Learn and Play

- [sbepolicy.dpi.state.nc.us/policies/HRS-E-001.asp?pri=03&cat=E&pol=001&acr=HRS](http://sbepolicy.dpi.state.nc.us/policies/HRS-E-001.asp?pri=03&cat=E&pol=001&acr=HRS) – North Carolina State Board of Education’s “GS 115C-12(12) Return-to-Learn After Concussion” policy.
- [www.nhealthyschools.org/docs/legislation/stateboard/implementation-guide.pdf](http://www.nhealthyschools.org/docs/legislation/stateboard/implementation-guide.pdf) - “Return-to-Learn After Concussion: Implementation Guide” explains North Carolina’s policy, offers examples of implementation, and provides implementation resources for schools.
- [drive.google.com/file/d/0B5wTWHdFXIakdkhqVHd0Q0RjZDA/view](https://drive.google.com/file/d/0B5wTWHdFXIakdkhqVHd0Q0RjZDA/view) - Brochure “Returning To School After A Concussion” that assists parents in understanding the school’s role in supporting appropriate recovery of students who sustain a concussion.
- [www.cidd.unc.edu/SchoolPsychology/TBI/default.aspx](http://www.cidd.unc.edu/SchoolPsychology/TBI/default.aspx) - Registry, instructions, and online curriculum for professionals to become registered as an approved provider in North Carolina schools
- [gfellerwallerlaw.unc.edu/GfellerWallerLaw/gwlaw.html](http://gfellerwallerlaw.unc.edu/GfellerWallerLaw/gwlaw.html) - Education, emergency action and postconcussion protocol implementation, and clearance/return to play or practice for 2011 Gfeller-Waller Concussion Awareness Act.

### Brain Injury Association of North Carolina (BIANC)

- [www.bianc.net](http://www.bianc.net)
- 1-800-377-1464
- [www.bianc.net/resource-book](http://www.bianc.net/resource-book) - Access to BIANC Resource Book that includes contact information about assistive technology, legal services, mental health services, and medical professionals, etc. for individuals with brain injury in North Carolina.

### Brain Injury Association of America

- [www.biausa.org](http://www.biausa.org)
- 1-800-377-1464

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### BrainLine (videos, stories, articles, and other information)

- [www.brainline.org](http://www.brainline.org)
- [www.brainlinekids.org](http://www.brainlinekids.org)
- [www.brainlinemilitary.org](http://www.brainlinemilitary.org)

### Sport Concussion Assessment Tool

- [bjsm.bmj.com/content/47/5/259.full.pdf](http://bjsm.bmj.com/content/47/5/259.full.pdf) - Sport Concussion Assessment tool for ages 13 and older.
- [bjsm.bmj.com/content/47/5/263.full.pdf](http://bjsm.bmj.com/content/47/5/263.full.pdf) - Sport Concussion Assessment tool for children 5 to 12 years.

### REAP (Reduce/Educate/Accommodate/Pace) Concussion Treatment Guidelines

- Concussion Guidelines booklet providing details for a Community Based Concussion Management Program.
- [www.rockymountainhospitalforchildren.com/sports-medicine/concussion-management/reap-guidelines.htm](http://www.rockymountainhospitalforchildren.com/sports-medicine/concussion-management/reap-guidelines.htm)

### BrainSTEPS (Strategies Teacher Educators, Parents, and Students)

- Pennsylvania's Brain Injury School Reentry Consulting Program to assist schools in creating appropriate educational plans for students following acquired brain injury.
- [brainsteps.net](http://brainsteps.net)

### University of Oregon Center on Brain Injury Research and Training

- Downloadable and printable PDFs of tools and forms to help coaches, referees, school administrators, and youth sport organizations' directors provide best care.
- [cbirt.org/ocamp/resources](http://cbirt.org/ocamp/resources)

### Brain 101

- The Oregon Center for Applied Science, through funding from the National Institute of Health created an evidenced based interactive website for school-wide concussion management.
- [brain101.orcasinc.com](http://brain101.orcasinc.com)

### Reframe Health Lab

- Excellent whiteboard health videos informing kids, parents, and professionals about the basics of a concussion and how to return to play and sport after a concussion.
- [www.reframehealthlab.com/concussions](http://www.reframehealthlab.com/concussions)

### Center of Parent Information and Resources (CPIR)

- Maintains all the TBI information from the National Dissemination Center for Children with Disabilities and research-based information on effective educational practices.
- [www.parentcenterhub.org/repository/tbi](http://www.parentcenterhub.org/repository/tbi)